

Omar Manejwala, M.D., Addiction Psychiatrist, Author, Speaker



Over the last few years the U.S. has experienced a dramatic increase in the use and misuse of opiates. We have experienced sharp increases in overdoses, ER visits and overdose deaths related to these compounds. Although the U.S. constitutes five percent of the world's population, we now consume eighty percent of the

global supply of opiates. Opiate overdoses are now the leading cause of accidental death in the United States, killing nearly 80 people per day. And most people who experience an overdose on prescription opioids will receive another prescription for opioids within the year. Obviously this is a crisis of epidemic proportions that needs to be arrested. And yet alcohol still kills 3-4 times as many people as opiates do—a severely underreported fact.

Dr. Omar explains addiction in simple terms, from how addiction changes your brain to how your thoughts, actions and experiences play a role in making self-destructive behaviors worse. There is a tremendous amount of research on how to control addictive behaviors. Dr. Omar takes what we really know about these behaviors and distills it down into simple actions you can take to control your cravings and recover.

His ability to explain this complex brain science and psychology in simple, understandable terms has led him to be quoted on the front page of the New York Times, the LA times, and the Chicago Sun Tribune. He has appeared on the CBS Early Show, 20/20, ABC Primetime, Al-Jazeera America and many other national and international television and radio programs. He is also the author of the bestselling book, *Craving: Why We Can't Seem to Get Enough*, and frequently leads seminars and workshops.

Dr. Omar has over 15 years of experience treating addictive disorders. A Duke trained psychiatrist and former Hazelden Medical Director, Dr. Omar is now Chief Medical Officer of an LA based national health services management company. Dr. Manejwala has treated thousands of patients with addictions from all walks of life, and is widely regarded as one of the nation's leading experts on addiction. He is one of the nation's most sought after speakers on the topic of addiction. In his latest book, William Cope Moyers says "Dr. Omar knows addiction medicine inside and out."

Bio: Omar Manejwala, M.D. is an addiction psychiatrist, international speaker, former Hazelden Medical Director, and bestselling author of the book *Craving Why We Can't Seem to Get Enough*. He has appeared in dozens of media outlets including 20/20, CNN, The CBS Early Show, ABC Primetime and many others. Find out more about Dr. Omar and view clips and articles at www.Manejwala.com or [@DrManejwala](https://twitter.com/DrManejwala).

Addiction: A Futurist's Perspective

Dr. Omar offers several insightful talks that inspire audiences, focusing on the key questions that face anyone dealing with addiction.

In his most sought after talk, "A Futurists Perspective", Dr. Omar describes the key forces that will shape the future of addiction prevention, treatment and recovery. Audiences will leave with a clear sense of how they themselves can participate in defining that future.

In Dr. Omar's words:

Healthcare in general, and addiction treatment specifically, are poised to experience dramatic shifts over the next 5-10 years. Increasing payer pressure to capture, report and improve outcomes, and to control costs and alter the trajectory of the illness will result in wholesale shifts in the way addictions are managed. Broader societal goals of increasing access to care, improving the efficacy and utilization of screening, prevent the onset of these disorders, and manage the widespread criminalization of substance use disorders can be achieved if philosophical objections and technological hurdles can be negotiated.

In this talk, I present a futurists perspective on addiction, with an eye to describing the forces that led us to our current state, and the changes that might allow us to navigate to improved global addiction outcomes. In particular, I place an emphasis on the broader, well-defined principles of healthcare innovation and their potential application to addiction.

My audiences always leave inspired, with a broader perspective on how they themselves can participate in defining the future of addiction treatment.